



## Minot State University Campus Narcan Project Guidelines

### Purpose

Increase the availability of Naloxone (Narcan), an opioid antagonist, to first-responders on the MSU Campus that may reduce morbidity and mortality related to opioid overdose.

**Definition, Opioid Antagonist:** An FDA approved drug that negates or neutralizes, in whole or in part, the pharmacological effects of an opioid in the body. The opioid antagonist permitted under these guidelines is limited to nasal naloxone (Narcan).

### Rationale

Unintentional poisoning, primarily due to drug overdose, is now the leading cause of injury-related death among Americans aged 25 to 64 years, having surpassed motor vehicle accidents in 2009 (Centers for Disease Control and Prevention, 2013). After alcohol, opioid medications are the most common cause of poisoning in patients presenting to the ER (JAMA, 2015).

### Members

Medical Director – Heidi Peterson MSN, FNP-BC, Student Health

Project Manager – Melissa Fettig BSN, RN, Director of Student Health, Overdose Prevention Educator

MSU Security – Gary Orluck, Director

MSU Housing – Devin McCall, Director

### Medical Director

**Definition, Medical Director:** Minot State University Family Nurse Practitioner – Board Certified, who is licensed by the North Dakota Board of Nursing as an Advanced Practice Registered Nurse with prescriptive privileges and holds a valid DEA license. The FNP-BC carries the responsibility to provide medical oversight to the public health program in general, including clinical oversight to the Campus Narcan Project, review and approval of the curriculum and distribution of nasal naloxone (Narcan) to the Campus Narcan Project Manager, Overdose Prevention Educators, and Opioid Overdose Responders.

### Responsibilities

1. The Medical Director shall oversee the clinical aspects of the MSU Campus Narcan Project.

**North Dakota Century Code 23-01-42. Opioid antagonist prescription, distribution, possession, or use – Immunity from liability.**

2. A health care professional acting in good faith may directly or by standing order prescribe, distribute, or dispense an opioid antagonist, if the health care professional provides training to:
- An individual at risk of experiencing an opioid-related overdose; or
  - A family member, friend, or other individual in a position to assist an individual at risk of experiencing an opioid-related overdose.

2. The Medical Director will provide clinical oversight for the training of the approved MSU Campus Narcan Project Overdose Prevention Educators and the quality assessment of the program. In addition, the Medical Director will advise the MSU Student Affairs Department related to any medical questions that may arise. The Medical Director will not provide direct clinical care.

3. Nasal Naloxone will be provided free of charge by First District Health Unit Opioid Overdoses Prevention Program, under the license of the medical director.

4. The Medical Director shall be responsible for writing all necessary standing orders for the distribution, possession and administration of the nasal naloxone for the successful implementation of this program.

5. Provide training to Opioid Overdose First Responder(s) on the correct use, purpose, and side effects of Nasal Naloxone.

## **Project Manager**

### **Responsibilities**

1. Ensure that Opioid Overdose First Responders and Overdose Prevention Educators are trained using the approved curriculum and routinely evaluated for effectiveness and adherence to program guidelines.
2. Securely maintain all required records and submit required reports to the MSU Student Health Clinic.
3. Establish policies concerning safe storage of nasal naloxone and appropriate documentation and reporting.
4. Establish and maintain relationships with faculty/staff/administration/students on the MSU Campus who may be appropriate to receive and Overdose Prevention Training, who may have access to segments of the target population, and/or, who may collaborate with the project in other ways.

## **Overdose Prevention Educator(s)**

### **Training of MSU Narcan Project Overdose Prevention Educators**

All Overdose Prevention Educators who will be training Overdose First Responders must attend the approved training program with the MSU Narcan Project Manager.

*At a minimum, the training curriculum shall address:*

Risk factors for opioid overdose  
Prevention strategies  
Recognizing overdose  
Signs of an overdose  
Calling 911  
Rescue breathing  
Administering nasal naloxone  
Completion of proper documentation  
Proper storage of naloxone  
Post-overdose care  
Refill procedure

### **Responsibilities**

1. Provide education to the MSU community on the risks of opioid use and recognizing symptoms of opioid use and overdose. This may include mini sessions, staff/faculty in service, residence hall meetings, guest speakers in classes, posters, commercials, and/or inclusion to other MSU community events.
2. Provide training, in collaboration with the Medical Director, to the Opioid Overdose First Responders using the MSU Campus Narcan Training Curriculum.

## **Quality Assurance**

All Overdose Prevention Educators will attend a mandatory training conducted by the MSU Narcan Project Manager, with oversight from the Medical Director. The training will cover the above mentioned topics in-depth.

The Project Manager will observe all Overdose Prevention Educators providing an overdose prevention education training when they begin working the project, and then again yearly, and will provide feedback if needed.

The Project Manager will review all documentation completed by the Overdose Prevention Educators monthly, including the opioid overdose forms and refill forms to ensure accuracy.

Any clinical issues related to the dispensing of nasal naloxone and other adverse events reported by participants will be referred immediately to the Medical Director.

## **Training of the Opioid Overdose Responders**

**Definition, Opioid Overdose Prevention Training:** A training curriculum approved by the Medical Director, which instructs an Overdose Prevention Educator and Opioid Overdose First Responder(s) on prevention and reversal of opioid overdoses, including the importance of contacting emergency medical services, providing rescue breathing, and administering nasal naloxone (Narcan).

**Definition, Opioid Overdose First Responder:** A person, who successfully completed an Opioid Overdose Prevention Training, who may administer nasal naloxone (Narcan) to any person suspected of opioid overdose on the MSU Campus.

The Medical Director and Overdose Prevention Educators shall be responsible for training Responders using the MSU Campus Narcan training curriculum.

Trainings will be conducted annually on the MSU Campus.

The trainings may be in small groups or conducted one-on-one.

The duration of the training shall depend on the number of responders in the class and their familiarity with drug administration and overdose.

A *Registration Form* will be completed for each responder after the training is completed. A copy of this form will be stored at the MSU Student Health Clinic.

## **Distribution of Naloxone (Narcan) Kits**

The contents of the naloxone (Narcan) kits shall be distributed by the Medical Director to the MSU Campus Narcan Project in accordance with the Medical Director's standing order.

The Project Manager is responsible for putting the contents of each kit together. Each nasal naloxone (Narcan) kit shall include:

1. Two doses of Nasal Naloxone (Narcan) 4mg per actuation
2. Step-by-step instructions for Nasal Naloxone administration
3. Opioid Overdose Form
4. Pocket mask

Each box or vial of naloxone shall be affixed with a label indicating that it was distributed by a North Dakota Board of Pharmacy approved program with the clinical oversight of the Medical Director.

Naloxone (Narcan) refills will be made available to anyone on the MSU Campus who has previously completed the training as an Opioid Overdose Responder.

Campus Security will carry a Narcan kit on them at all times during their shift.

The Overdose Responder shall complete the required *Narcan Refill Form*, which will record the reason for the refill, i.e. loss, theft, expiration, or use for an overdose reversal. This form should be forwarded to the Project Manager.

There are ten places on the MSU Campus where Narcan can be accessed by Opioid Overdose Responders.

1. Lura Manor
2. Cook Hall
3. Dakota Hall
4. Crane Hall
5. McCulloch
6. Pioneer
7. MSU Dome
8. MSU Security
9. MSU Student Health Center
10. MSU Veteran's Center

## **Data Collection and Record Keeping**

1. A MSU Campus Narcan Project *Registration Form* will be completed with each trained Opioid Overdose Responder.
2. An *Opioid Overdose Form & Narcan Refill Form* will be completed for each report of the use of the naloxone (Narcan) or request for a refill.
3. All forms will be stored at the MSU Student Health Clinic.

## **Safe Storage of Naloxone Supplies and Program Records**

1. The MSU Campus Narcan Project Manager shall ensure that all naloxone (Narcan) kits are securely stored in designated locations and consistent with the manufacture's guidelines.
2. The Nasal Naloxone (Narcan) inventory will be regularly assessed to ensure that overdose responders are provided with naloxone (Narcan) and are replaced prior to the expiration date.
3. Copies of all completed registration, overdose, and refill forms shall be securely stored at the MSU Student Health Clinic.

